



Why are legumes so important?

Legumes have plenty of faces and flavours. Hundreds of varieties are the basis of rich and diverse regional culinary cultures and traditions. Look for them in kitchen and gardens!

Legumes are excellent sources of protein. They can reduce or replace meat, to the benefit of human health and the environment.

Local legumes can replace unsustainable imports of animal feed to Europe, such as soybeans from Brazil.

Legumes improve soil fertility. Thanks to their nitrogen fixation abilities, they reduce the need for mineral fertilisers.

Legumes diversify crop rotations and biodiversity.

What the Global Bean Club offers

Online monthly lectures and network meetings

Knowledge hub & plenty of information and media

Short information sheets

Virtual seed festivals

Practical cultivation instructions

Online Cooking events

International legume show gardens

International exchange amongst legume lovers



Legumes can change the world!

50 partners from 15 EU countries and beyond share their knowledge, inspiration and experience to promote legume cultivation in gardens, fields and kitchens.

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www.2000m2.eu



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